



*Greensburg Community  
Bread of Life  
Monthly Newsletter*

SEPTEMBER 2022 ISSUE



New Website Coming Soon!

## From the Executive Director

Hello, fellow hunger heroes.

I am starting to nest and get ready for the months ahead. Putting the summer things away and thanking God for the beautiful seasons He created. As summer ends and fall begins, I can't help but think about those who sleep in their car or who walk around all night because they have no place to lay their head. Life can change so fast when you are living paycheck to paycheck. A health issue can arise which may cause a person to miss work. And if you miss work a few times, you lose your job. If you lose your job then you can't pay the rent. It can happen so very fast. If you know of someone that is in need of our service, a free nutritious meal is just a phone call away, 812-663-1055.

I was looking at Mary Beth putting away the food rescue the other day and it was a rainbow of colors. Fruits and vegetables that were at their peak and so much! I am so thankful we offer these items to our patrons when there is too much for us to store. We received over 20 cases of bananas in a 24-hour period!

As I am typing, a very lively Bible Study class is happening in the conference room. This is a part of our Thursday RISE education. The class meets every Thursday from 10:00-11:00 am with a different leader each month. Greensburg Community Bread of Life is so many things, feeding, teaching, and soon clothing (to be announced in October). What an exciting time to show the love of God in this community.

Blessings ahead,  
Melissa

## CONTENTS

BOL Dishing It Out

RISE Education  
Courses

Volunteer Highlights

More Bites

# Helping Hands

*Tina Sweeney, Volunteer Coordinator*

Kind, generous, active, eager, present, enthusiastic, charitable, dedicated, cheerful & loyal are just a few words that describe the heart of our Bread of Life volunteers! We are in so many ways like a family, celebrating in the good times, and walking alongside of each other in the hard ones!

Our feature volunteers for this month fit the above description well! As part of his recovery process after a serious health crisis, Gene Kreiger started volunteering and became a part of the Bread of Life family in 2007. Mary Lou followed suit a couple of years later. Both find it rewarding to help others by meeting their needs and working with fellow volunteers. Gene was honored as Volunteer of the Year in 2020. Mary Lou has shared her time & talents throughout her life serving her local church, school & community! Mary Lou says with sincerity, "God has been good to me. He has answered many of my prayers, and since He has been there for me, I want to give to others."



Mary Lou & Gene Kreiger



One of Gene & Mary Lou's lifelong dreams was to visit the Canadian Rockies & the Calgary area. In July that dream became a reality! The timing was perfect because, on June 10, 2022, they celebrated 55 Years of marriage. Congratulations, Gene & Mary Lou! And, thank you for serving your community through the Bread of Life!

# RISE Classes

## Upcoming RISE Courses

- September 22 - RISE Money Matters: Working with What Money is Left Once Bills are Paid
- October 13 - RISE: Sewing Basics
- October 20 - RISE: Make N Take Wreath
- October 27 - RISE Money Matters: Save! Save! Save! How to Save Money by Couponing

All classes begin at 6pm and are FREE to the Decatur County Community!

Scan the QR Code or visit [greenburgbreadoflife.com](http://greenburgbreadoflife.com) to sign up for RISE classes.



*Did you know we offer a Small Group Talk every Thursday morning in our conference room? We have a different volunteer leading the small group discussion each month. Join us Thursday morning to discuss faith-based topics. We meet in the Conference Room from 10 - 11 AM.*

## Pre-Order Noodles for the Holidays

Make holiday meals great by adding homemade noodles to the menu! Pre-order by calling the office at 812-663-1055.

Drive Thru Pick Up  
 Saturday, November 12  
 9am - 12pm  
 at Bread of Life

1 lb Bag of Dry Noodles  
 \$5.50

Two 1lb bags of Dry Noodles &  
 BOL Cookbook  
 \$15.00



# More Bites

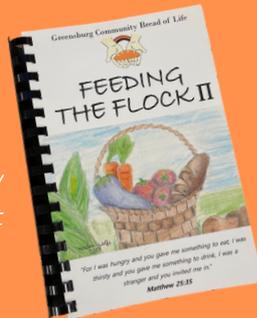
## Recipe of the Month

Pumpkin Bread  
from Mark Bedel

- 2 cups pumpkin
- 3 large eggs
- 1 1/2 sticks butter or margarine
- 2/3 cups water
- 3 1/2 cup flour
- 2 tsp baking soda
- 1/2 tsp baking powder
- 1 tsp salt
- 2 1/2 - 3 tsp cinnamon
- 2 tsp pumpkin pie spice

Mix sugar, eggs, and butter. Add remaining ingredients. Pour into a well greased loaf pans. Bake at 350 degrees for 1 hour or until done.

*This recipe and others can be found in the Greensburg Community Bread of Life Feeding the Flock II Cookbook. Now on sale for only \$5. To purchase, contact Bread of Life at 812-663-1055.*



## August Stats

-  27,627 pounds of food donated & rescued
-  2277 meals served
-  178 households used BOL services
-  198 blessing boxes distributed
-  445.25 volunteer hours donated

## Kitchen Needs

From time to time, the kitchen is in need of specific items. Please see the list below. If you can help, we are accepting the following donations:

- Flour
- Eggs
- Butter
- Gallon freezer bags
- Cheese
- Paper towels

# Welcome BOL Student Board Director, Lauren Richardson



Meet Lauren Richardson! Lauren is a Junior at Oldenburg Academy. She is involved in the arts, plays tennis, swims, and plays with her cats. As a Bread of Life board member, Lauren hopes for a wonderful experience to lead and volunteer in her community.

We are happy to have Lauren as part of the Bread of Life. She is already proving herself as a leader.

