

Greensburg Community Bread of Life Monthly Newsletter

JANUARY 2023 ISSUE



### From the Executive Director

When I think of the clients we serve it is such a struggle to make a change. Even if that change is for the better of their life. Things that are familiar, even if they are harmful, are habits we fall into. All of us can relate to that.

It is hard doing life. Especially if you are alone. When you are contemplating the harmful habit you may negotiate with yourself that it's only hurting you and continue on in the cycle. When approaching a change in the way of thinking, acting, or reacting, it helps to have someone. God did say "It is not good for the man to be alone". We have opportunities to not be alone at Bread of Life. To volunteer or to attend Bible Study or a RISE life skills class, give us a call or someone you know.

It's a new year, a new you! You have so much to offer. Get involved!

Blessings ahead, Melissa



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# **Helping Hands**

Tina Sweeney, Volunteer Coordinator

Recently my granddaughter has been reading about Helen Keller and her inspiring life. One of her quotes - "Alone we can do so little, together we can do so much" - has resonated on my heart as I think about the faithfulness of our volunteers. This quote certainly describes the activity that takes place here at Bread of Life each and every week.

Your hearts for serving our community are inspiring and are appreciated more than my words could ever express. From food rescue, meal prep, meal serving, and meal delivery to all who serve in a variety of ways behind the scenes, (not to mention the power of all those prayer warriors and financial supporters), it makes my head spin how much is accomplished throughout our week.... throughout our year.

#### "Together we can do so much!"

I am looking forward to all the Lord has awaiting us in 2023 as we press on, stay strong, & keep believing together!

Continued blessings,





A Family Affair: The Mack/Krieger family worked at Dinner Servers - Debbie, Gene, and Gena with Jayden Pothoof, Gena's boy friend.

Once again, the faith-based group of the "Troops of St. George" from St. Paul delivered meals for us on the last delivery day of 2022. Thirteen young men, along with their leaders, delivered meals to our patrons. Others worked in our warehouse sorting clothing for Garments of Grace. On Thursday, we had a follow-up group who came in to cut & dice potatoes for us.













#### 16TH ANNUAL TURKEY NOODLE DRIVE-THRU DINNER



Mark your calendars for our 16th Annual Turkey Noodle Drive-Thru Dinner set for Thursday, March 2nd from 4pm - 7pm. Meal includes turkey and noodles. mashed potatoes, green beans, yeast roll, and a slice of homemade apple pie.

This is our second-largest fundraiser for the kitchen. Last year we served a total of 2131 meals. This year our goal is to serve 3000 meals with lunch and dinner combined. The drive- thru dinner is from 4pm-7pm at our location, 720 Randall Street.

#### **Delivery Options:**

·Lunch 11:30 AM - 1 PM

- DELIVERY ONLY
- · Delivery for orders of 12 or more
- Meals are delivered to the same address
- Call Tina at 812-662-4887 to schedule



#### Dinner Delivery from 6pm - 7pm

- Available for orders of 20 or more
- Delivered to the same address
- Call Tina at 812-662- 4887 to schedule

Want to buy tickets or learn how to become a sponsor?

Visit GreensburgBreadofLife.com.

### Join Us for a RISE Course

- January 19 Self Defense Protection Tactics
- January 26 Saving Energy While Saving Money
- February 16 Self Love/Pampering
- February 23 How to Buy a Used Car to Meet Your Monthly Budget

All classes begin at 6pm and are FREE to the Decatur County

Community!

Scan the QR Code or visit greenburgbreadoflife.com to sign up for RISE classes.

# NOTICE! NOTICE! NOTICE! Change of Class Time

Did you know we offer a Small Group Talk every Thursday in our conference room? We have a different volunteer leading the small group discussion each month. Beginning in January, we will gather for faith-based topics on Thursday afternoons from 3:15pm -4:15pm in our conference room.



## **More Bites**

## Recipe of the Month

Spinach Salad from Darleen Fox

- 110-oz package of fresh spinach, washed, drained, 8 chopped
- 3 hard boiled egg chopped
- 12-oz can bean sprouts, drained
- 8 slices bacon, cooked & crumbled
- 1 can water chestnuts, drained

Dressing:

- 1 cup salad oi
- 1/2 cup ketchup
- 1T Worcestershire Sauce
- 3/4 cup vinegar
- 1 medium onion, chopped
- dash of salt

Chop salad and mix first 5 ingredients together. Mix dressing ingredients and pour over spinach just before serving.

This recipe and others can be found in the Greensburg Community Bread of Life Feeding the Flock II Cookbook. Now on sale for only \$5. To purchase, contact Bread of Life at 812-663-1055.



#### **December Stats**



15,543 pounds of food donated & rescued



2362 meals served



252 households used BOL services



193 blessing boxes distributed



448.25 volunteer hours donated

#### Kitchen Needs

From time to time, the kitchen is in need of specific items. Please see the list below. If you can help, we are accepting the following donations:

- SOS pads
- Stamps
- Plastic forks
- Toilet Paper
- Shampoo



### Our website has a new look!

We recently launched a redesign of our website. And we think it looks beautiful!

Here you can find information on our RISE classes, how to become a volunteer, staff & board information, and also donate online.