



Greensburg Community
Bread of Life
Monthly Newsletter

JANUARY 2024 ISSUE



Many are the plans in a person's heart, but it is the Lord's purpose that prevails. Proverbs 19:21

From the Executive Director

Hi Neighbors,

2024 was going to show up if we were ready or not. As you start off the new year, I hope you are putting your best foot forward and are challenging yourself to the personal goals you have set. One goal you could've made was a decision to volunteer two hours once a month on food preparation - Monday or Wednesday. It is a great way to beat those wintertime blues! On the day (s) you volunteer, you will leave the kitchen with a wonderful sense of accomplishment that you helped feed 250 people who are struggling with food insecurity. Just the other day, the Greensburg Fire Department had 8 volunteers in here and as a whole, they got all the potatoes ready for one meal. We were very grateful to them. Nothing fills a hungry belly like potatoes.

If, in 2024, your new decision was to donate to Greensburg Community Bread of Life once a month, we sure could use stamps and business envelopes for the month of January. Oh yes, and of course, green beans. We can not keep enough of those in stock!

A new year can be exciting for some and, for others, it can be just another day. Another day that they cannot see the same repeated behavior isn't getting them out of their situation. I pray that someone is put into your path so you can reach out in love and kindness and may God open their eyes in their situation. You are so important and you have great things to do in 2024, Happy New Year! Thank you for being a part of this kitchen.

"We all get the exact same 365 days. The only difference is what we do with them." - Hilliary Depiano

Blessings ahead,

Melissa

CONTENTS

BOL Dishing It Out

Helping Hands

RISE Courses

More Bites

Helping Hands

January 3 was the first volunteer day of 2024! As always, the kitchen holds endless opportunities for our volunteers. Opportunities to serve our community through preparing healthy and satisfying meals; opportunities of compassion through serving dinner as our guests arrive; opportunities to build relationships through making noodles or picking turkeys; opportunities of bringing joy to a shut-in through meal delivery. This day was no different! We are continually blessed by the faithful hearts of our volunteers, and we cannot say this enough.

There is always room for more volunteers at the Bread of Life. If you are reading this and you haven't been in for a while, we encourage you to check out our volunteer calendar on our website, greensburgbreadoflife.com, or call or text me @ 812-662-4887 to be added to our volunteer schedule. Join us as we humbly serve our community with His love.

His Blessings,
Tina Sweeney



Noodle Team - Arlene & Paul Gehl, Lora Truesdell, and Cathy Wagner



Greensburg Fire Department



Bea Holiguin



Turkey Pickers - Sue Burgess, and Sherril & John Tarplee



Tom and Jodi DePalma



Terry and Kathy Fenley

17TH ANNUAL TURKEY NOODLE DRIVE-THRU DINNER



Thursday, March 7, 2024

Mark your calendars for our 17th Annual Turkey Noodle Drive-Thru Dinner set for Thursday, March 7th from 4pm - 7pm. Meal includes turkey and noodles, mashed potatoes, green beans, yeast roll, and a slice of homemade apple pie.

This is our second-largest fundraiser for the kitchen. Last year we served a total of 2131 meals. This year our goal is to serve 2500 meals with lunch and dinner combined. The drive-thru dinner is from 4pm-7pm at our location, 720 Randall Street.

Delivery Options:

Lunch 11:30 AM – 1 PM DELIVERY ONLY Delivery for orders of 12 or more Meals are delivered to the same address Call Tina at 812-662-4887 to schedule.

Dinner Delivery from 6pm - 7pm Available for orders of 20 or more Delivered to the same address Call Tina at 812-662-4887 to schedule.

Want to buy tickets or learn how to become a sponsor?
 Visit GreensburgBreadofLife.com.



Healthy Nutrition & Chair Yoga

During the January RISE class, participants learned from Emily Georgi, Nutrition Education Program Advisor for the Decatur County Purdue Extension Office. Emily shared healthy calorie intake along with healthy plate proportions. She also distributed samples of mixed fruit with yogurt and included recipes for this treat as well as smoothies.

The group then moved to the conference room for chair yoga with Becci Williams Schutte of Haseya Yoga and Healing. Becci demonstrated various stretches and yoga poses from a chair.



Join Us for a RISE Course

We have a great schedule of courses for 2024. Every course is FREE and open to the community! For more information and to register, visit GreensburgBreadofLife.com



Start Your New Year with Money Basics

Thursday, February 1 at 6pm

If you're ready to take control of your finances and build a solid foundation for a prosperous new year, our "Start Your New Year with Money Basics" class is the perfect opportunity for you!



Small Engine Tune-Up

Thursday, April 4 at 6pm

Say goodbye to the frustration and expense of hiring a professional mechanic – our Small Engine Tune-Up course is here to empower you with the skills and knowledge to maintain and revitalize your small engines.

More Bites

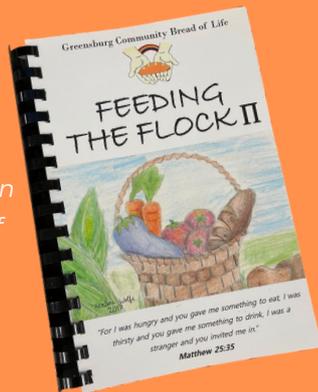
Recipe of the Month

Spicy White Chicken Chili

from Penny Eldridge

- 4 chicken breasts (boiled and chopped)
- 1 large can fat-free chicken broth
- 1 large jar great north beans (rinsed)
- 3 Tablespoons olive oil
- 1 small onion, chopped
- 2 cans chopped green chilis
- 2-3 Tablespoons chili powder
- 6 garlic cloves, pressed
- 1 large package Monterey Jack/Colby cheese

Saute onions, chilies, garlic, and chili powder in olive oil over medium heat. In a stock pot, combine chicken, broth, and beans. Stir in the onions, chilies, garlic, and chili powder mix. Then stir in the cheese. Heat thoroughly and serve. Top with your choice of salsa, sour cream, extra cheese, and/or hot sauce.



This recipe and others can be found in the Greensburg Community Bread of Life Feeding the Flock II Cookbook. Now on sale for only \$5. To purchase, contact Bread of Life at 812-663-1055.

December Stats

-  15,582 pounds of food donated & rescued
-  2176 meals served
-  189 households used BOL services
-  110 blessing boxes distributed
-  491.5 volunteer hours donated

Kitchen Needs

From time to time, the kitchen is in need of specific items. Please see the list below. If you can help, we are accepting the following donations:

- 24 3 lb cans of shortening
- 1000 sandwich zip lock bags
- 30 – 40 large cans Green beans

Thanks to all who donated flour. We appreciate you. At this time, we are at capacity and cannot accept any more.

Bible Study

Upcoming Bible Study Leaders:

January: John Schneider, Milroy United Methodist Church

Join us for a Bible Study on Thursday afternoons! We gather for faith-based topics on Thursday afternoons from 3:15pm - 4:15pm in our conference room. All are welcome.

