



Greensburg Bread of Life Monthly Newsletter

MAY 2022 ISSUE



From the Executive Director

Mary, Mary how does your garden grow? When I think of that little nursery rhyme it puts a smile on my face. It means summer is coming. As the director of a fast-paced soup kitchen, summer is a time when I get refreshed and recharged. I think of that garden seed that lies in the ground until the right temperature, rain, sunshine, and caretaker give it all that it needs to produce. That's me - I am that seed. I need to rest and let my Father in Heaven give me direction for what is up and coming. These are the best times for me to plan delicious dishes that will make you want to eat the fruits and vegetables grown in the garden. These are the best days to strengthen me mentally and physically and be the best leader I can be for this kitchen. The simple task of walking through my garden and seeing the Silver Bells and Pretty Maids all in a row, brings great joy to my heart. I hope you enjoy this season and I wish you peace in the garden, your garden, your neighbor's garden, find a garden, and let your heart be refreshed and recharged.

Your soul shall be like a well-watered garden.

Blessings ahead,
Melissa

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Kenny Nobbe teaching
Simple Gardening RISE course

*"Whoever is wise, let him heed
these things and consider the
great love of the Lord."
-Psalm 107:43*

Upcoming RISE Courses

May 19 - Eating Healthy -
Diabetes Education

May 26 - Credit Scores &
Reports

June 16 - Handyman Basics

June 23 - Buying a Car

RISE Classes

Greensburg Bread of Life is proud to launch our education series called RISE. RISE has been created to encourage ALL members of the Greensburg community to join us for classes designed to cover a variety of topics. Some examples of offerings are budgeting, gardening, saving on utilities, as well as financial literacy through our partnership with First Financial Bank. We are happy to present all classes at no charge to the participants.

Scan the QR code below or visit our website for more information.

www.greensburgbreadoflife.com/rise-educational-series

Scan to sign up for
RISE classes.



Sample Compost Bucket as taught in
Simple Gardening RISE course

Volunteers of the Year

During the recent Annual Volunteer Appreciation Dinner, Executive Director Melissa Foist announced the Volunteers of the Year Award. Bruce Foist, Melissa's husband, has put in countless hours, not only into the remodeling of the new building but throughout the 20 years since Bread of Life's inception in 2002.

Mary DeMaree and her husband Buddy started as a delivery team in 2005, delivering meals to our inbound patrons. After losing Buddy, Mary's daughter Gayla joined her in delivering meals. Thank you, Mary, for making Bread of Life a priority in your life.



*Husband & Wife Volunteers,
David & Tori McCarthy*

Helping Hands

Tina Sweeney, Volunteer Coordinator

April was yet another incredible month in which our volunteers were in full force! Extra hands are always needed to provide meals for our community. I have the wonderful opportunity not only to schedule volunteers but to engage with them. What always amazes me is Bread of Life is a priority in their busy lives and I am grateful for each one.

Volunteers (new and seasoned) are always needed on Mondays and Wednesdays. Call or text me at 812-662-4887 for available volunteer opportunities.



Melissa & Bruce Foist



Mary & Buddy DeMaree

More Bites

Recipe of the Month

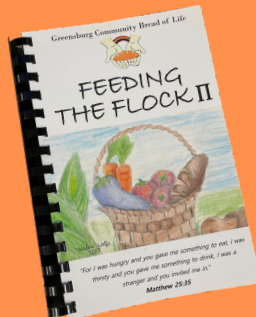
Sunset Salad

from Joane Cunningham

- 1 (6 oz) package of Orange Jell-O
- 2 cups boiling water
- 1 can (1lb 4oz) crushed pineapple in juice
- 2 tablespoons lemon juice
- 2 cups coarsely grated carrots

Dissolve gelatin in boiling water. Adding remaining ingredients. Chill until thickened then stir and pour into mold. Serve on crisp lettuce leaves. Makes 10-12 servings.

This recipe and others can be found in the Greensburg Community Bread of Life Feeding the Flock II Cookbook. Now on sale for only \$5. To purchase, contact Bread of Life at 812-663-1055.



April Stats



16,287 pounds donated & rescued



1549 meals served



153 households used BOL services



120 blessing boxes distributed



5 grants received

- Decatur Community United Fund
- First Financial Bank
- TCC
- Walmart
- Tri-Kappa

Kitchen Needs

From time to time, the kitchen is in need of specific items. Please see the list below. If you can help, we are accepting the following donations:

- Stamps
- Butter
- Shark Cordless vacuum
- Gas gift cards

The Leaven Club

Join our "Leaven Club" by committing to a monthly donation to the Greensburg Bread of Life. A few dollars a month redirected to the soup kitchen may look something like

1 lunch out	= \$10	= 2 meals
1 month of Netflix	= \$15	= 3 meals
1 car wash	= \$20	= 4 meals
favorite beverage consumption for a month	= \$20	= 4 meals

